1. I AM
	1. Story of mother – lost keys – smacks head and says she is losing her mind – child looks at her and says, “but don’t lose your heart…. I AM in there…….” I AM is in your HEART… God is in your HEART……………….
	2. Matthew 21:16 New American Standard Bible (NASB)

**16**and said to Him, “Do You hear what these *children* are saying?” And Jesus \*said to them, “Yes; have you never read, ‘Out of the mouth of infants and nursing babies You have prepared praise for Yourself?”

* 1. I am the way the truth and the life………..
		1. Muslim accepted Christ – during morning muslim prayer started hearing..”JESUS”… prayed for forgiveness to Mohammad. Kept hearing Jesus. Went to church invited by friend,… didn’t feel anything… went to another service and knew immediately that God was the father…. Could not stop loving him…. And he stated, “started reading the bible & it was like food.. he couldn’t get enough….”
		2. The Great I AM created FASTING & PRAYER
1. FASTING (slides)
	1. OT/NT
		1. PSALMS
		2. Jesus / 40 days / other verses
		3. What can Fasting do for us?
		4. Types of fasts
	2. PRAYER
		1. 1 John 5:14
		2. Matthew 6:9-13
2. CONCLUSION
	1. John 14:6 New American Standard Bible (NASB)**6**Jesus \*said to him, “I am the way, and the truth, and the life; no one comes to the Father but through Me.
	2. The Muslim found the great I AM, his hunger became less food and more SCRIPTURE…more the HOLY SPIRIT
	3. The child knew that the I AM is in your HEART!!!
	4. FASTING is to get closer to the great I AM and in obedience to him
	5. PRAYER is directed to the trinity including I AM…. The WAY…the TRUTH… The LIFE…… a popular song by a band named FASTball (irony) in my day asked, “where were they going without ever knowing the way? The song continued by saying... the car broke down and they continued walking…. Bu they had no idea where they were going…. However, if they had just realized the road they were walking could be paved in gold, where they can be content, never get old, and never turn gray..”