**I AM – ALL THAT’s WITHIN US**

DNA of who we are… we are part of the DNA of Jesus!!!!!

What is your song? Why do you connect with it?

* + Does it say something about you?
	+ Describe you or your feelings?
	+ Do you connect with it in a way you can’t describe?
	+ Is it your THEME SONG
	+ If they made a movie about your life, this song would be playing under the opening credits

**Genesis 2:7**

What was used to make the first human?

Where does life come from?

What does this mean to you? How does it impact how you view yourself?

**Psalm 103:1**

Who is the psalmist talking to?

ALL THAT IS WITHIN US!!! (worksheet)

Write down your thoughts and feelings:

* Your fears about the future
* Your love for the people around you.
* Your aggravations (people, family).
* Love for family.
* The person you have a crush on.
* The clubs you’re in.
* Your talents.
* Household chores you HATE.
* Favorite subjects in school
* The end of school tests you just completed (feelings)
* How you really feel about your sibling
* The temptations you face everyday
* Your regrets (such as blaming your sibling for breaking an eagle statue that you really broke)
* Your favorite TV show
* The realization you may never skate in the X Games
* The song, screenplay, book, you may want to write
* The kind of car you really want to drive
* The needy people you know
* The nasty people you know

This is just a taste of ALL THAT’s WITHIN YOU! God wants to connect with ALL of it. If there is sin he wants to forgive it. The pain he wants to comfort. Excitement he wants to enjoy with you!

Now – put your hand on the paper – and lets pray…. Lord we give it all to you!!!!

Make this your prayer list!

Read **Psalm 103:2-5**

Break into groups

Talk about three things you are willing to share about yourself. (feelings, thoughts, how you relate to others, what you care about)

Close with **2 Corinthians 5:17**

**ALL THAT IS WITHIN US (worksheet)**

What is all that is within me?

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**Three Things About You:**

1.

2.

3.